

US Army Installation Management Command
2405 Gun Shed Road
Fort Sam Houston, TX 78234-1223

Dear Installation Management Command,

Melissa Buckley is an outstanding candidate for the Moss-Holland Civilian Print Journalist of the Year. Her work in 2014 has been outstanding and she continues to grow as both a journalist and as an Army public affairs specialist.

Last year, Melissa demonstrated that she was indeed a journalist with outstanding abilities when she received two honors from the U.S. Army Installation Management Command level Maj. Gen. Keith L. Ware awards — an honorable mention for the series, “Trail to the tab” and second place for Moss-Holland Civilian Print Journalist of the Year.

In 2012, Melissa collected two first places at the Department of Army level Maj. Gen. Keith L. Ware Public Affairs Competition for her Basic Training Diary series and Best Sapper for photojournalism, along with three first-place awards, one second place, and one honorable mention at the Installation Management Command level of the competition.

But Melissa is more than just a great photojournalist. She constantly takes on additional challenges and extra duties in a small office. Her extra duties include managing Fort Leonard Wood’s Twitter page, serving as backup to the office as payroll administrator, handles all aspects of the Guidon Flickr account and serves as the administrator for the Guidon’s Facebook page.

Melissa has managed to write more than 200 stories in the past year, stay current in all mandatory training, while managing her Family. Melissa is indeed a total employee that balances all aspects of work with the demands of home. There is no one more worthy of the receiving the Moss-Holland Print Journalist of the Year Award and she is a great individual to honor the commitments and sacrifices of Peggy Holland and John Moss.

Sincerely,

TIFFANY D. WOOD
Director, Public Affairs
US Army MSCoE, FLW
Phone: 573-563-5037
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Melissa K. Buckley — Moss-Holland Civilian Print Journalist of the Year Biography

Melissa Buckley began as a civilian photojournalist for the Fort Leonard Wood, Mo., Guidon in 2011 and quickly showcased her journalistic talents for one of the Army's eight centers of excellence and home to the largest Marine Corps and Air Force detachments on an Army installation.

Last year, she received two honors from the U.S. Army Installation Management Command level Maj. Gen. Keith L. Ware awards — an honorable mention for the series, "Trail to the tab" and second place for Moss-Holland Civilian Print Journalist of the Year.

In 2013, she received two Department of the Army level Maj. Gen. Keith L. Ware awards for her photojournalism efforts. She won 1st place in the photojournalism category for her coverage of the 2012 Best Sapper competition and 1st place in the story series category for documenting the trail from civilian to Soldier in her "Basic Combat Training Diaries."

Leading up to the Army level competition, she showcased her diversified photojournalism skills by winning five Maj. Gen. Keith L. Ware awards at the U.S. Army Installation Management Command level. She was awarded 1st place in the news feature category for her story "Females Proud to Wear Sapper Tab," 1st place in the personality feature category for "Weight Loss Unlocks Door to Army for Future Soldier," 1st place in the story series category for "Basic Combat Training Diaries," 2nd place in the photojournalism category for her coverage of the Best Sapper competition and she received a honorable mention in the human interest feature category for "51 and Counting."

Locally she has received a Department of the Army Achievement Medal for Civilian Service from Fort Leonard Wood Garrison Commander, and a Quality Person Award and Maneuver Support Center of Excellence coin from MSCoE and Fort Leonard Wood Commanding General. The U.S. Army Engineer commandant presented her with the Engineer Silver Quill Award and she was recognized with a certificate of appreciation and coin from the 48th Infantry Regiment.

More installation accolades were bestowed on Melissa related to her journalism, as she received two certificates of appreciation from units praising her journalistic contributions to their mission. The Commandant of the Marine Corps also personally presented Melissa with his coin for her top-notch coverage of Fort Leonard Wood's Marine Corps detachment.

Melissa garnered two awards during her inaugural entry in the 2012 Maj. Gen. Keith L. Ware Public Affairs Competition. She was awarded an honorable mention in the photojournalism category at the Department of the Army level and a 2nd place in the photojournalism category at the Installation Management Command level for her coverage of the 2011 Best Sapper competition.

Guidon

Thursday, February 6, 2014
Volume 14, Number 5
www.myguidon.com

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FREE  Published in the interest of the personnel at Fort Leonard Wood, Missouri

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■ Massages, facials and more. Spas offer spoiling relaxation.
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■ Fast mail. Museum showcases Missouri's role in Pony Express.
Page C1

Wounded K-9 team returns home

Story and photo by
Melissa Buckley
GUIDON staff
melissa.k.buckley2.civ@mail.mil

A specialized search dog handler and his canine partner, both recovering from gunshot wounds during a battle in Afghanistan, returned home to Fort Leonard Wood Friday, greeted by their unit comrades of the 4th Maneuver Enhancement Brigade.

Sgt. Eric Goldenthal, 67th Engineer Detachment, Canine Company, 5th Engineer Battalion, 4th MEB, and his specialized search dog, Corky, both walked off the aircraft on their own power.

The team, one on crutches and the other with a paw bandage, were flown home aboard a C-130 Hercules transport aircraft that landed at the post's Forney Air Field.

Both were shot seconds apart during an attack, Jan. 19, in the Afghanistan Kapisa province, as they were leading the way for Green Berets.

Goldenthal said he wasn't worried about his injury — his mind was on one thing, his battle-buddy and best friend, Corky.

"I just kept asking if he



Sgt. 1st Class Brandon Collins, 67th Engineer Detachment kennel master, leads Corky, while Sgt. Eric Goldenthal, 67th Eng. Det. is accompanied by Capt. Chad Sparks, Engineer Canine Company commander, Friday at Forney Field. Corky and Goldenthal returned home after both were wounded in Afghanistan.

would be alright. I was worried about his leg," said Goldenthal who also got hit in the leg.

Goldenthal and Corky have been teammates for more than a year. They left Fort Leonard Wood in September for an overseas assignment with

Special Forces — a mission Goldenthal volunteered for.

"I am back a little earlier than expected. It would have been nice to finish my mission down there. But, it's good to be back," Goldenthal said.

No one was more happy to

see Goldenthal and Corky than fellow Soldier and longtime friend, Sgt. 1st Class Brandon Collins, 67th Engineer Detachment kennel master. They went through Specialized Search Dog School together, and Collins said their Families often

See related story on Page A4

spend time together.

As soon as the door opened on the C-130, Collins dashed to the aircraft. He shook Goldenthal's hand and took the yellow Labrador Retriever's leash to escort his buddies toward the 4th MEB crowd awaiting them in the hanger.

"He is selfless service. He's a great Soldier," Collins said of Goldenthal. "He volunteered to come here and volunteered to take a very early deployment outside of school, even though he only had a year left in the military — a Special Forces deployment at that. I am so excited to see them."

The contingent of greeters included the entire Canine Company and 4th MEB commanders. As Goldenthal and Corky made their way into the hanger, Lt. Col. Sebastien Joly, 5th Engineer Battalion commander, addressed the crowd.

"He is an absolute hero that stepped up, and I am glad you

See K-9 TEAM, Page A4



Staff Sgt. Jesse Demers, Headquarters and Headquarters Company, 14th Military Police Brigade, shows Pvt. Kristan McNeely, Company A, 787th MP Battalion, the proper hand-cuffing techniques during an Advanced Individual Training session Friday. Such AIT training is now part of an Army pilot certification program on Fort Leonard Wood.

DA POST certification enters second phase

Story and photo by Dawn Arden
Assistant editor
dawn.m.arden.civ@mail.mil

Fort Leonard Wood has been chosen to develop the Department of the Army wide Military Police Peace Officer Standards and Training program.

After a successful first pilot program completed by Company E, 787th MP Battalion in which the Advanced Individual Training students reached POST certification for the state of Missouri in the summer of 2013, the U.S. Army Military Police School has moved forward to the second phase.

Company A, 787th MP Bn. is now taking the lead in the certification program.

"The Missouri POST was the first

step. That first step was to show that we can elevate and change our training curriculum to match an already accepted and established Missouri Peace Officer Training level," said Capt. Marco Valente, 787th MP Bn. commander.

"Now, what this AIT course flow is doing, this is pilot two. Pilot number two is us saying ok we've executed it, we've shown we can do it, now we're shaping it to how we want it to be for the Department of the Army, Military Police. So we've incorporated and we've taken out a lot of the Missouri POST focus material because we won't apply to us as military police," Valente added.

Currently each state has their

See CERTIFICATION, Page A4

More to post museum than meets the eye

Story and photos by Melissa Buckley
GUIDON staff
melissa.k.buckley2.civ@mail.mil

The artifacts on display at the Fort Leonard Wood museum are literally the tip of the iceberg compared to the entire collection.

The exhibits at the John B. Mahaffey Museum Complex are only about 10 percent of the thousands of historic relics residing and safeguarded in the basement of the redbrick structure that houses the U.S. Army Engineer, Chemical Corps and Military Police museums.

Display items are rotated for conservation and to present fresh exhibits to museum patrons.

"In the museum field, we have to look hundreds of years into the future and make sure what we do today isn't harming the artifact and is preserving it for future visitors and Soldiers," said Jim Rogers, U.S. Army Military Police Museum director.

Conservation is not only their duty as museum directors — it's the law, according to Troy Morgan, U.S. Army Engineer Museum director.

"There are about 27 laws and acts that date back to 1903. We are responsible for maintaining the material culture of the Army. Because of

Army regulation any textile that is 1914 or earlier can only be on display for nine months, and then we have to rest it," Morgan said.

Only a few people will ever be allowed to step foot through the museum's intricate security system, down to the basement's workshops where museum employees are constantly working to lengthen the lifespan of thousands of artifacts.

There are alphabetized rows stretching wall to wall, filled with padded cabinets and drawers stacked from the floor to the ceiling. Much like an antique shop, the scent of history fills this area — life's harsh elements break down the artifacts creating the smell curators call "off gassing."

A flag from the Engineer collection, which the public rarely gets to see, is one of Morgan's favorite basement items.

"It was a flag of Gen. Gouverneur K. Warren, the Chief Engineer Army of the Potomac . . . this flag was actually on Little Round Top during the Battle of Gettysburg. It's a pretty unique item.

"It's difficult for us to display, because it is

See MUSEUM, Page A4



Jim Rogers, Military Police Museum director, eyes an electric chair kept in the museum's basement. The chair came from Fort Leavenworth, Kan., and was never used.



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Dog, Soldier reunited at German hospital

By Matt Millham
Special to GUIDON

When they arrived in Afghanistan at the end of September, Sgt. Eric Goldenthal and his bomb-sniffing dog, Corky, were already pretty close.

At Fort Leonard Wood, they were members of an engineer battalion. In Afghanistan, though, they were assigned to augment an already-tight-knit Special Forces "Alpha" team in a remote part of the country's east. There, away from people they knew, their bond grew stronger.

"I think he was probably my best friend down there," Goldenthal said of Corky. "I saw him every day. He slept in my room every day, woke up with me every day."

Then, on Jan. 19, they were both shot.

Goldenthal, Corky and the Green Berets were four days into a 10-day mission to rout out Taliban militants in Kapisa province, an area of the country where few coalition forces are based.

The team had spent days pushing up a valley that had just one way in and one way out, Goldenthal said. They'd gotten into numerous firefights along the way.

Goldenthal and Corky led the way, looking for buried bombs as Special Forces Soldiers on foot and in vehicles scanned the hills. The first ambush came about a half hour after they set out that day.

An hour later, they were in another skirmish, Goldenthal said. They had four trucks with heavy machine guns, and all were close to running out of ammunition.

They needed to get out of the valley to their resupply point before that happened.

Then the third ambush came, Goldenthal said, bigger than the first two. "We had to push through it."

He kept alongside the lead vehicle to keep from exposing himself and Corky to the machine gun rounds and rocket propelled grenades raining on the convoy from at least two directions.

Then, the Taliban opened up on the convoy from a third direction.

"And that's when me and him got hit, pretty much the exact same time," Goldenthal said. "I just felt it hit the back of my leg and then I heard him crying."

Goldenthal threw a tourniquet on his own leg and a team medic attended to Corky, who was shot in the foot.

After pushing to the valley's mouth, dog and handler were whisked away to Bagram Air Field on a medical helicopter.

Two days later, they both underwent surgery in Germany — Goldenthal at Landstuhl Regional Medical Center, Corky at the Army's Dog Center Europe, about a 20-minute drive away.

They got to visit Monday at Landstuhl, where Corky jumped up on his handler to bathe his face in wet dog kisses.

"It's only been a couple days," Goldenthal laughed.

Their injuries led to an impromptu Family reunion of sorts for Goldenthal, whose wife, Lisa, was in Germany visiting her parents when she got news of his having been wounded.



Photo by Joshua L. DeMotts/Stars and Stripes
Corky shows his affection for Sgt. Eric Goldenthal Jan. 27 at Landstuhl Regional Medical Center, Germany.

Her nerves have settled since the initial shock, she said, which left her speechless.

"But I'm glad that they are doing OK and that they only got shot in the leg," she said. "It could have been worse."

(Editor's note: Millham is a reporter with the Stars and Stripes. Both the article and photo were used with permission from the publication.)

K-9 team

From Page A1

are home safe and sound. I hope you recover quickly and can rejoin the Canine Company. Thank you for your service," Joly said.

Goldenthal said he and Corky, were just doing their

jobs the day his team was attacked.

The duo made the Special Search Dog community proud that day.

According to Collins, no one died during the mission, because Corky sniffed-out several explosives before he

was injured.

"That day's events speaks volumes. That was actually the third incident on that day within a few hours. They had already found multiple explosive devices, thankfully nobody was injured by those devices. It took three

ambushes in order to stop them. Our job is important because nobody was killed that day, not one person," Collins said.

Goldenthal said was pleased with the care he and his dog had received since they were shot, and even though they weren't

ready to come home, he is glad to be on Fort Leonard Wood.

"I've been treated so well. A lot of the medics and nurses have been so nice to us both," Goldenthal said.

"I am looking forward to being back with my Family."

Certification

From Page A1

own POST certification, or level of knowledge that their law enforcement officers must meet in order to become licensed.

"We're trying to get where we have our own basically recognizable 51st state of training," Valente said. "The goal is that level of training be accepted either nationally or the majority of all the other states."

Reaching these standards during AIT will create a more marketable Soldier, if they choose to continue their law enforcement career after leaving the Army.

"It brings our standard of training up to a more competitive level with every state nation-wide, bringing us from a regular AIT military school to an actual accredited, competitive market," said

Sgt. First Class Tadhg Gaskins, Company A, 787th senior drill sergeant.

"There is the potential to affect the MP Corps as a whole in the future. Five to 10 years down the road compared to where we've been in the last 10 years as far as our credentialing equivalent to the civilian work force," he said.

Valente added, "While they are in uniform, they will be more efficient, they will be more professional and more capable, and then if you look however many years down the road, if they get out in four, ten or 20, they are more marketable."

The training focus has shifted away

"The goal is that level of training be accepted either nationally or the majority of all the other states."

Capt. Marco Valente
Commander, 787th Military Police Battalion

our Soldiers instead of getting a four-hour-block instruction on military law, they get eight hours," said 1st Sgt. Malia Nemetz, Company A, 787th first sergeant. "We had a JAG (Judge Advocate General) lawyer come in and teach them so they truly understand all the constitution law, the search and seizures, at a higher level than a normal skill-level an MP would know."

Not only will the new standards affect the Military Police Corps, but the

from state law, to make a more well-rounded military police Soldier.

"We're going more into constitution law. So now our Soldiers instead of getting a four-hour-block instruction on military law, they get eight hours," said 1st Sgt. Malia Nemetz, Company A, 787th first sergeant. "We had a JAG (Judge Advocate General) lawyer come in and teach them so they truly understand all the constitution law, the search and seizures, at a higher level than a normal skill-level an MP would know."

Not only will the new standards affect the Military Police Corps, but the

individual states will also benefit from these new changes.

"We saw that our National Guard always goes out in force whenever something occurs, even the stranded motorists in Atlanta this past week, in those HUMVEEs were MPs, probably ones that came out of here, so now we're just adding that next level," Nemetz said. "Knowing that two-thirds of our Soldiers that leave here are National Guard, now we're providing to that state commander another level to his law enforcement that he already has there."

Valente said these program changes will benefit our service members now.

"At no other point in time has the Military Police Corps ever produced military police Soldiers that have come out of AIT training with all of these done — never. This is the first course that will have had all of (these requirements)," Valente said.

Museum

From Page A1

very large. We usually bring it out in June for the Engineer Regimental birthday, so that people from the regiment can enjoy it," Morgan said.

"We have some uniforms that are too rare to display," Morgan added. "Our earliest uniform dates back to 1856. It's one-of-a-kind across the entire Army museum system."

An item belonging to Fort Leonard Wood's namesake is currently fighting the war against time.

"General Leonard Wood's sword was in very bad condition. It has active rust on it. We literally had to create a microenvironment filled with desiccant to absorb moisture and oxygen. This year it's going out to be conserved, so when it comes back we will actually be able to exhibit it," Morgan said.

Destined for the eyes of only a few, the Chemical Corps museum's Mickey Mouse gas mask from World War II is too fragile to even take out of its protective case, therefore it has to remain catalogued in the basement.

A homemade baby gas protector from the same era, constructed from a vinyl tablecloth, is also too delicate for display.

There is also a large gas mask made to fit a camel in the Chemical Corps' archive. A photo of it hangs in the animal display.

According to Kip Lindberg, U.S. Army Chemical Corps Museum director, their ordinance collection exists nowhere else in the world.

The Military Police museum also houses artifacts that are crucial to military police history, but aren't displayed.

"One of the highlights downstairs is the electric chair that came out of the old U.S. Disciplinary Barracks at Fort Leavenworth, Kan. It was torn down and replaced with a modern facility a few

years back. Before they tore it down, they took out the electric chair and sent it to us. It's historic, but it was never used. It's a fascinating piece of equipment," Rogers said.

According to Rogers, they have several hundred military police insignia in the form of patches and pins, and several footlockers in storage.

"Footlockers that came from individual people or units that are significant, because they represent a specific time period. We have one with a very interesting insignia on it. During World War II, the Disney artists were formally asked to design unit insignias for the armed forces. We have an example of one for a military police unit," Rogers said.

Constant rotation ensures repeat visitors are greeted with something new over time.

"We are always changing things in the museum. We realize that a lot of our visitor base is from people who live and work here at Fort Leonard Wood. I want you, each time that you come, to get a different experience. We have temporary galleries where we can rotate teams. We also rotate artifacts," Morgan said.

The John B. Mahaffey Museum Complex is located in Bldg. 1607, at 495 South Dakota Avenue, which is the intersection of South Dakota and Nebraska avenues.

It is open 8 a.m. to 4 p.m. Mondays through Fridays, and 10 a.m. to 4 p.m. Saturdays. The museum complex is open to the public, and there are no admission fees.

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Troy Morgan, Engineer Museum director, inspects the cavalry saber of Fort Leonard Wood's namesake. The 1872 saber will be restored for future display.

SOCIAL MEDIA SOUNDOFF

Each week, the GUIDON asks questions on our Facebook site. While some questions get many responses, and others get very few, below are the "best of" last week's questions.

If you want to see all the responses, follow the thread of replies or answer one of our questions, please go to www.facebook.com/FLWGUIDON. Here are last week's questions and selected responses:

What are your vacation plans now that the summer season has arrived?

Watching my son graduate at Fort Leonard Wood in June.
Carla Blamer



Summer school! Then a road trip to the grandparents in California and Yellowstone/Devils Tower/Mount Rushmore on the way home!
Michelle-Troy Johnston



Prepare to send the kids to summer school.
Morgan Thompson



A Staycation! Rivers, caves and trails.
Luge Hardman

What are your grilling secrets to success?

Marinating and never leave the grill.
Desiree Kiegeri DeLeon



Have my husband grill.
Tiffany Ryan Wood



Classical, country, rock . . . what is your favorite music genre?

Contemporary Christian.
Michelle-Troy Johnston



Anything but country.
Cheryl Nygaard



Any music that suits my taste and doesn't disrespect women, is full of cuss words or filled with hate for something or someone.
Michael Bowers

Salty or sweet, what is your favorite snack?

Salty . . . but sweet and salty together is even better.
Derek Gean



Sweet, always sweet.
Dawn Arden



Sweet.
Carol Houim



Go to www.facebook.com/FLWGUIDON and let us know what you think of this week's question.



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Commentary

Is successful military spouse an oxymoron

By **Melissa Buckley**
GUIDON staff

Is it just me, or do people expect military spouses to be homemakers?

Sometimes when I meet people on post, usually other spouses, I get an awkward look.

This mostly happens once they learn that, in addition to being married to a Marine and having a 1-year-old, I work full-time as a photojournalist for the Army.

Usually, the awkward stare is followed by questions such as, "Who takes care of your daughter?" or "How does your husband feel about you working?"

Almost all of my friends who are married to non-military spouses have careers.

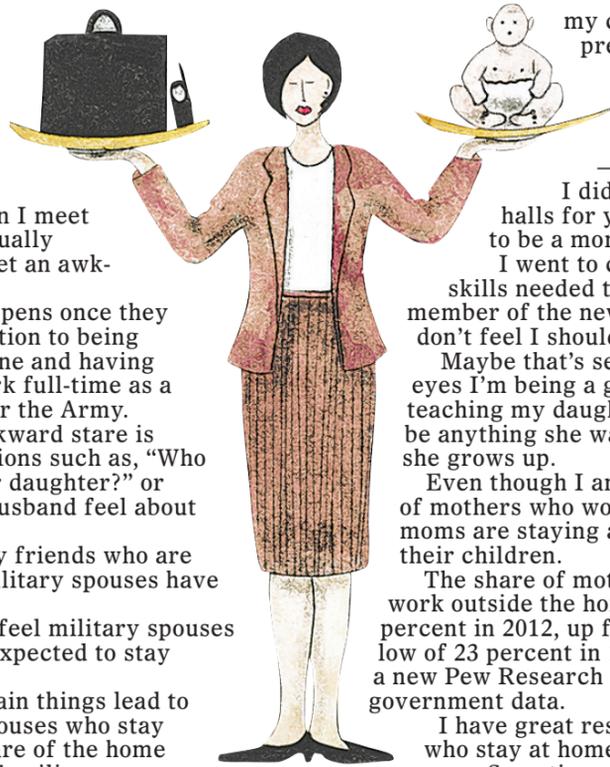
How is it that I feel military spouses are pretty much expected to stay home?

I believe two main things lead to this attitude — spouses who stay at home to take care of the home front in military Families are commonly held in high regard and the constant moving can be a career killer.

Since I have had my daughter, I have learned that raising children and having a successful career are equally full-time jobs.

It's the age-old conundrum of trying to balance both. Added to that, military spouses have to be both mom and dad while their service member is away.

OK, I get it, but should I have given up



Courtesy photo

my career when I got pregnant?

I don't think I would be a very good stay-at-home mom — gasp — I said it.

I didn't sit in lecture halls for years to learn how to be a mom.

I went to college to gain the skills needed to be a respectable member of the news media, and I don't feel I should waste that.

Maybe that's selfish. But, in my eyes I'm being a good role model by teaching my daughter that she can be anything she wants to be when she grows up.

Even though I am of the majority of mothers who work, recently more moms are staying at home to raise their children.

The share of mothers who do not work outside the home rose to 29 percent in 2012, up from a modern-era low of 23 percent in 1999, according to a new Pew Research Center analysis of government data.

I have great respect for spouses who stay at home with their little ones. Sometimes, I even wish I was able to, too.

A part of me worries that I'm not balancing motherhood and my career. But, feeling guilty that I'm missing precious time with my daughter would be a whole lot easier if there was more support as opposed to veiled disdain.

I'm proud to be a Marine Corps wife, mother and full-time professional.

Let's celebrate being a successful military spouse — whatever path you choose.

Finding appreciation stuck in Philly

By **Lisa Smith Molinari**
Special to GUIDON

Recently, in an ironic twist of fate, I spent Military Spouse Appreciation Day stuck in the Philadelphia Airport for hours trying to get back to Rhode Island.

It all started when I flew to Norfolk, Va., to be the keynote speaker at a luncheon honoring the nominees for 2014 Military Spouse of the Year.

Arriving early to find my bearings, I couldn't help but notice that emblazoned on every banner, place card, nametag, balloon, gift bag and program was the phrase "Heroes at Home."



Molinari

As I found my seat at the head table, I wondered if anyone thought it was inappropriate to use the term "hero" in connection with the husbands and wives of military service members.

After all, it is the men and women in uniform who follow orders, report for duty and put themselves in harm's way to serve this country. The Soldiers, Sailors, Airmen and Marines are obviously heroes.

But we military spouses are at home leading everyday lives. Does everyone appreciate the heroism in that?

Hoping the Caesar salad from lunch wasn't lodged between my two front teeth, I took my place behind the podium after being introduced.

The crowd of more than 250 — military spouses and their active-duty mates — looked to me with hope in their eager eyes.

Will she make us laugh? Will she inspire us? Will she make us feel like heroes? Will she bore us to tears? The pressure was on.

Hiding my trembling hands behind the podium, I began the speech that I'd rearranged at least a dozen times in the weeks leading up to the event.

Rehearsing alone in my shower had not given me any idea of how this crowd might receive my words. I hoped it wouldn't be a flop.

A few giggles erupted in the back when I threw out my first joke. They weren't sure if I had intended to be funny.



LIFTING THE SPIRITS OF AMERICA'S TROOPS AND THEIR FAMILIES

Courtesy graphic

The second joke prompted an even rumble of chuckles. By the third joke, I heard undeniable belly laughs.

Like a shot of adrenaline, the crowd's laughter fueled my desire to make these military folks — my folks — feel good about themselves.

I had relied heavily on my scribbled notes when rehearsing, but now that we trusted each other, I didn't even need to glance down.

I've got this. We all laughed a while longer, about the little things we military spouses do to cope with managing the home alone: chocolate, bad reality television, spontaneous drive-way happy hours and — my personal favorite — secret cans of Pringles stashed under the seat of the minivan.

But I knew I had to get serious. "Each military spouse copes with stress in his or her own way, but we all have one very important thing in common," I said as a hush fell over the room, "we all love a military service member. We love that our spouses sacrifices to serve their country. We get misty when we hear the national anthem or see a flag unfurl. We live this life with a common sense of patriotism, and we know that despite the inevitable hardships, military life is worth living because, not only is it an 'adventure,' it is honorable."

"The sense of duty that drives active-duty service members also drives their spouses. Regardless of the hardships, we are deeply proud to be military spouses and honored to live this uniquely challenging way of life."

"Certainly, the men and women in uniform here today are heroes. But," I continued, gesturing out over the podium to my fellow spouses, "it is because of your dedication, your hard work, your uncommon strength, and your service to this country, that all the military spouses here today are undoubtedly 'Heroes at Home.'"

The next day, after missing my connecting flight in Philly and being told that I was not guaranteed another flight out for more than eight hours, I saw a sign for the airport USO.

Isn't that just for service members? Will I be allowed in? Lugging my bags through the maze of corridors and moving walkways, I followed the signs. "Welcome to the Liberty USO!" an elderly volunteer blurted, as I entered their office space.

After checking my military dependent ID, the friendly retiree explained to me that I was welcome to home cooked food, lounge furniture, movies and Wi-Fi. "Everything is free," he said with a smile.

Despite the fact that I was stuck in Philly, I found a place where I belonged, and it felt great to be appreciated.

(Editor's note: Molinari writes a column covering different aspects of military life. You can find her articles at www.themeatadpotatoesoflife.com.)

Community

Thursday, July 17, 2014

GUIDON

Section B Page 1



Pet of the week

Reggie is available for adoption at the Fort Leonard Wood Stray Animal Facility. Reggie is a 4-month-old Lab mix. Adoption fees are \$102 for dogs and \$77 for cats, which includes microchipping, spay/neuter, vaccines and required diagnostic testing.

For more information on adopting Reggie or any of the other available animals, contact the clinic at 596.0094. Photos of the pets can also be found at www.facebook.com/FortLeonardWoodPetsLost-FoundAdoptable.

Bark For Life

Bark For Life of Pulaski County is scheduled from 9 a.m. to 3 p.m. Saturday at the Waynesville City Park. All cancer survivors and canine caregivers are encouraged to attend. Registration is \$20 for one walker and one dog or \$35 for one walker and two dogs. There will be activities, demonstrations vendors and a car show sponsored by Fo'Show Car Club starts at 12:30 p.m. with a \$10 registration fee

For more information, contact Clorice at creyes1979@gmail.com or visit www.relayforlife.org/pulaskimo.



Chaplain (Capt.) Brian Miniotta, 58th Transportation Battalion, left, blesses Missouri, "Mo," the 2-year-old Poodle of Ramon Colon, during the K-9 Blessing event at the Fort Leonard Wood Paw Park Saturday.

Puppy dog blessings... Canines, owners take part in special event

Story and photos by **Melissa Buckley**

GUIDON staff

melissa.k.buckley2.civ@mail.mil

Fort Leonard Wood's Paw Park was filled with wagging tails Saturday for a K-9 Blessing event.

About 30 pooches were blessed at the event held by the 58th Transportation Battalion Unit Ministry Team.

Staff Sgt. Ramon Colon, 58th Transportation Battalion instructor, said he brought his 2-year-old Poodle, named Missouri, to the event because "Mo" has been such a blessing to his life.

"He is a rescue dog. I saw him on the interstate in St. Louis. I pulled over and picked him

up. It was fate, me finding him," Colon said. "Pets are like Family members. Especially to people like us combat veterans, they can be very calming. I can have the worst day and get home and open the door, he welcomes me. It means the world to me."

The dogs and their owners gathered around Chaplain (Capt.) Brian Miniotta, 58th Transportation Battalion, as he opened the worship time with a prayer.

"We thank you for giving us these pets who bring us joy. As you take care of us, help us to take care of those who trust us to look after them. By doing this, we share in your own love for all creation," Miniotta prayed.

See BLESSING, Page B5

Waynesville sets school enrollment events

Special to GUIDON

New student enrollment for Waynesville High School students (those entering grades 9 - 12) will be held July 28, 29 and 30.

Seniors are encouraged to enroll on July 28; juniors on July 29; and sophomores on July 30. Freshmen are invited to enroll on all three days.

New student enrollment for students entering kindergarten through grade 8 in the Waynesville R-VI School District will be held Aug. 4, 5 and 6 at each of the elementary schools, the Sixth Grade Center and Waynesville Middle School.

Parents enrolling their children may wish to go to the district's website <http://waynesville.schoolwires.net/Page/2825> and print both the District Enrollment Information Brochure and the enrollment card. The brochure contains helpful information regarding school attendance areas (including streets and addresses on Fort Leonard Wood), in-district transfer policies, medical information, kindergarten and first grade entry requirements, enrollment requirements, school calendar information, etc.

Complete the forms and bring them, along with all other required documents/records for enrollment as stated on the District Enrollment Information Brochure.

Marriage class based on popular parenting program

By **Derek Gean**

Community editor

dgean@gannett.com

The makers of a popular parenting workshop are now offering a program for couples and it's coming to Fort Leonard Wood in August.

The Six Principles for a ScreamFree Marriage will be presented at Army Community Service, Building 486 from 5:30 to 7:30 p.m. Aug. 20.

"ScreamFree Marriage is a marriage workshop a little different from most marriage workshops," said Debra Ward Army Community Service Family

Advocacy specialist.

"It is not about 'fighting fair, it is about 'calming down, growing up and getting closer.' It is researched-based and embraces couples differences," she said.

ScreamFree Marriage is similar to ScreamFree Parenting in that both programs are based on the principle of keeping cool and staying calm no matter how everyone else chooses to act.

"Both programs were developed by Hal Runkel, licensed marriage and Family therapist, relationship coach, seminar leader. He has appeared on 'The Today Show,' 'The Daily Buzz,' etc," Ward said.

Ward said U.S. Army Installation

Management Command has adopted the program, because of the many success stories connected with it.

Stanley Austin, ACS director at Fort Wainwright, Alaska, has seen great success with it. "ScreamFree has been extremely effective in working with Families on the installation," Austin said in a release.

"The ScreamFree message and materials have done wonders for Families in crisis, as well as for Families just looking for a little extra help. I've even trained military leaders who have put these principles into play with their platoons with

See MARRIAGE, Page B5

Children learn about faith during Protestant VBS

Story and photo by **Kyrene Resel**

GUIDON staff

kyrene.d.resel.vol@mail.mil

Vacation Bible School is upon Fort Leonard Wood once again.

For two weeks during the summer, children have a chance to learn about God in a unique way. This year, children are learning about Moses and the Israelite's journey through the wilderness. The Main Post Chapel has been transformed into the desert wilderness and will transport children back in history by several thousand years, during the Installation Chaplain's Office sponsored event.

"The children will be learning about how God used Moses to bring the children of Israel out of slavery in Egypt. They will cross the Red Sea

with Moses and learn about Manna from heaven. They will also meet Malachi, the Israelite whiner," said Sue McConaghy, who has been directing Fort Leonard Wood's Protestant Vacation Bible School for the past three years

In addition to learning about Moses and the Red Sea, each day has a different lesson and a different verse to go along with it.

The children are able to sing and dance, play games, eat a snack, make a craft, share a "God sighting" (a way for the children to share how God is working in their lives on a daily basis). They even have the chance to raise money, which will be going to help build wells in India, which will

See CHILDREN, Page B5



Pvt. Justin Lineback, chaplain assistant, plays with a team of children during recreation at the Protestant VBS Tuesday at the Main Post Chapel.



GUIDON Facebook

The GUIDON is now on Facebook, located at www.facebook.com/FLWGUIDON. There are photo galleries, updates, and even the opportunity to chime in on the weekly viewpoint questions. "Like" us on Facebook and start interacting with the GUIDON.

Community news

If you have a community news submission for the GUIDON, or need more information concerning guidelines for community news, email the community desk at guidoncommunity@myguidon.com. You can also call 563.4014.

For more local events, see "What's Up" and "Calendar" on Page B3.



Blessing

From Page B1

Minietta took his message from Genesis 1:1-34, the creation story.

"On the fifth day, God brought forth swarms of living creatures in the air, in the water, and on the land, and God bid them to be fruitful and multiply. On the sixth day, God created humankind in God's image, giving them dominion over the animals," Minietta said.

Following the benediction, Minietta walked around the park, kneeling down with each dog to bless them individually.

Teresa Watford's dog Gemma, a 1-year-old English Bulldog, was wearing a pretty bow for the event.

"My son and I had a lot of

fun with her out here. I love that she got a personal blessing. This is a great idea," Watford said.

The pups were sent home with "doggie" bags filled with treats and a St. Francis medallion. St. Francis is known as the patron saint of animals.

Non-monetary donations were received for the Fort Leonard Wood Veterinary Clinic and Pet Shelter in the form of food, cat litter and cleaning supplies, such as bleach, disinfectants and laundry detergent.

Watford was glad the event allowed her to help the pets at the shelter.

"We brought some dog food. Helping less fortunate animals is important to me," Watford said.



Dogs take a break from the heat during the K-9 Blessing event at the Fort Leonard Wood Paw Park Saturday. Several Fort Leonard Wood dog owners took part in what organizers hope to make an annual event on the installation.

Marriage

From Page B1

amazing success," Austin added.

Organizers are encouraging people to sign up soon, because space is limited, and the first 25 registered will receive a copy of "The Self-Centered Marriage" book by Hal and Jenny Runkel. There will also be childcare available during the workshop for children registered at Child Youth and School Aged Services; however, parents must register their children by Aug. 11.

Ward said Runkel visited Fort Leonard Wood two years ago and presented the ScreamFree Parenting workshop, receiving outstanding feedback. She said with Runkel and the program's reputation, she expects a large turnout.

To register and sign up for childcare, contact Ward at 596.0212 or debra.l.ward14.civ@mail.mil. A light meal will be served.

Children

From Page B1

provide Families with clean water for at least a year.

"Our (the Chaplains Corps) motto is 'Pro Deo Et Patria,' meaning For God and Country, but we have another motto which is, 'we bring God to Soldiers and Soldiers to God,' but the same applies to children. We are called to bring God to them," said Chaplain (Maj.) Darin Powers, the Community Chaplain who is overseeing VBS.

"The ultimate end goal of VBS would be that children learn about Jesus, learn the difference between right and wrong, bring joy into their lives, and that they would just have fun," he said.

A total of 45 volunteers work to make VBS a special experience for the children

"The most important part isn't the cookies and crafts. The most important part of VBS is touching and changing the lives of young people through God's word," said

Carrie Doolittle, a volunteer.

McConaghy said the children enjoy VBS for different reasons.

"Some will tell you they come for the music, others the crafts, to the fun and games and then there are those that like the whole program."

"My favorite part is listening to Moses's stories, and going through the Red Sea," said Presley Kaufman, who is attending VBS for the first time.

The Fort Leonard Wood Catholic program has scheduled VBS for Sunday through July 25, and is open to children of all faiths. Grades seven through 12 will run 6:30 p.m. until 8:30 p.m. Sunday through Thursday, and grades one through six will run 9 a.m. to 1 p.m. Monday through July 25.

A light snack and lunch will be served during the morning program. The week will conclude with mass on Friday. To register your child, contact Patricia Johnson at 573.596.3913 or patricia.a.johnson468.ctr@mail.mil.

Community

Thursday, February 27, 2014

GUIDON

Section B Page 1



Pet of the week

Wilson is available for adoption at the Fort Leonard Wood Stray Animal Facility. Wilson is a beautiful male beagle living at the facility.

Adoption fees are \$102 for dogs and \$77 for cats, which includes microchipping, spay/neuter, vaccines, and required diagnostic testing.

For more information on adopting Wilson or any of the other available animals, contact the clinic at 596.0094. Photos of the pets can also be found at www.facebook.com/FortLeonardWoodPetsLost-FoundAdoptable.



Volunteers needed

Adult volunteers are needed for Boy Scout Troop 149. The troop meets at 6:30 p.m. Thursdays at the Main Post Chapel.

For more information, contact Scout master Scott Victor at 443.454.6213 or scottkarevic@century-link.net. Further information can also be found at <http://troop149fortleonardwood.scoutlander.com>.

Community news

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For more local events, see "What's Up" and "Calendar" on Page B3.



Capt. Anthony Jones, Company C, 795th Military Police Battalion commander, dances with 4-year-old daughter, Kinzley.

Ball brings fathers, daughters together

Story and photos by

Melissa Buckley

GUIDON staff

melissa.k.buckley2.civ@mail.mil

Nutter Field House has never seen so many tiaras — which was fitting since the Father Daughter Ball is all about dads spending time with their princesses.

"You can feel the love in the room," said Capt. Terrance Bratton, CBRN Basic Officers Leadership Course small group leader. "Tonight we are making memories."

About 700 fathers and daughters filled the walls of the field house Saturday.

The Installation Chaplain's Office hosts this ball each year to give fathers the chance to spend some quality time with their daughters.

Bratton has three children, but only one daughter. He said he was proud to get to bring her to an event made just for them.

"She deserves to feel special all the time. She needs to learn the proper way a gentleman should treat a lady," Bratton said. "I want her to grow up to find a man like dear old dad — a good man that loves her and wants to take care of her. He needs to support her and inspire her when she needs motivation."

His 13-year-old daughter,

Jaila, said she had a lot of fun getting all dressed up for the event, but the best part of the night had nothing to do with glitz and glamour.

"My favorite thing about tonight is spending time with my dad," Jaila said.

Another daughter in attendance, Briana Hess, came to the event with her step-dad.

"He is a really important father figure to me. He does a lot for me. It's nice to get to spend some time with him," the 14-year-old said of her step-dad.

"I think this is awesome. I like being able to hang out — just him and me.

We have a special bond."

The guest speaker for the ball was Col. Michael Thomas, Installation senior chaplain.

"Thousand of men and women can call you sergeant or top or captain or major or colonel. There are so few, maybe only one or two, who can call you dad. Of all the missions in my life, I want do this one right," Thomas said.

"I trust this will be an evening of good memories and a blessing your daughter will forever cherish. It is my prayer that your little girl, be she 7 or 27, will know your blessing, your affection, your unconditional

See DANCE, Page B4

Military Saves Week can boost cash

GUIDON staff

The Financial Readiness Office Program at Army Community Service is ready to help military members improve their financial futures by improving their financial savings plans.

ACS is leading the way in celebrating Military Saves Week this week.

"The Financial Readiness Office Program at Army Community Service encourages members of the Army Family to take the Saver's Pledge as a first step toward a personal commitment to build wealth and reduce debt," said Barbara Sullivan, Personal Financial Readiness specialist.

The Saver's Pledge provides tips and advice for saving successfully. The Military Saves pledge is available to active duty, reserves, retirees, civilians,

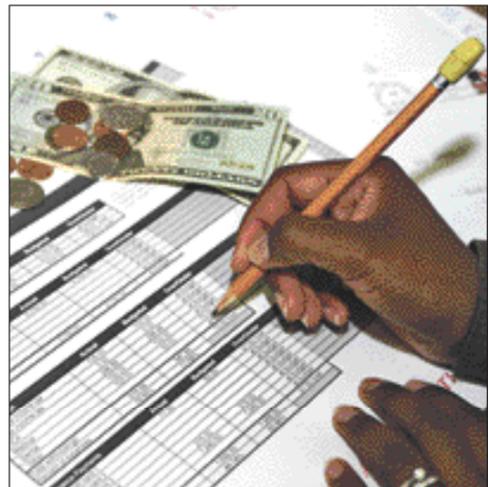
contractors and their Family members. The pledge can be taken online at www.militarysaves.org or by picking up a pledge card at ACS, Bldg. 486 between 7:30 a.m. and 4:30 p.m. during the week-long campaign.

This year's America Saves slogan, "Start Small, Think Big" is shared by Military Saves and speaks to the long-term benefits of savings a little each month.

"As Military Saves enters its eighth year, it has become an integral part of the Department of Defense Financial Readiness Campaign," Sullivan said.

The Financial Readiness Office Program offers a variety of services to individual and groups in the effort to maintain financial fitness and personal

See SAVES, Page B4



File photo

FMWR A to Z — W is for winter blues

By Megan O'Donoghue

Special to GUIDON

Family and Morale, Welfare and Recreation provides a variety of programs and services that create an environment where Soldiers and Families can thrive. The FMWR programs are proof of the Army's commitment to support and care for all who defend the nation and their Family members.

Continuing our series FMWR A to Z, today's high-

light is W is for winter blues.

Below are a few ways that MWR has a lot to offer to help prevent the blues and get you through until spring.

Exercise

Exercise isn't only for maintaining your weight and staying healthy. It's great for relieving the stresses of life. Plus, exercise also helps your mind by releasing those "feel good chemicals" that improve your mood.

Shuffle the winter blues

away with the Fort Leonard Wood Shamrock Shuffle 5K/10K/5K Fun Run/ Walk on March 15. Cost is \$20 for early registration and \$30 the day of. T-shirts will be given to registered participants. Awards will be given for overall male and female finisher as well as all age group winners. Register at Davidson Fitness Center or online at www.fortleonardwoodmwr.com.

Bend some bars at the Davidson Fitness Center Power lifting competition March 22.

Weigh-In is the day before competition, and you must weigh in to compete. The competitive weight classes will follow closely with the USA Powerlifting established weight classes. Ensure you know your opening attempts for all three lifts (squat, bench press, dead lift) at the weigh in. Cost is \$20 per person; must be 18 and older. Register at Davidson Fitness Center, deadline is March 21.

See BLUES, Page B4

Dance

From Page B1

love and acceptance.”
 A buffet dinner was served. According to the chaplain’s office, several Soldiers, Sailors, Airmen and Marines volunteered to work this event. The service members carried plates from the buffet for the girls too little to carry their own, there were ladies in the restroom to help the girls with bathroom breaks and wardrobe malfunctions, and they also worked in the coat check room. A disc jockey and the 399th Army Rock Band, the “Rough Riders,” provided entertainment.



Sgt. 1st Class Felipe Dorame, Military Police deputy assistant commandant operations NCO, and his 10-month-old daughter, Ruby, spend time together during the Father Daughter Ball.

Saves

From Page B1

readiness. FRO seeks to focus on the financial readiness of military members and their Families to help them reduce debt and save for the future, by offering financial literacy education, counseling, free FICO score and credit reports, PowerPay, budgeting, security clearance issues, assistance in setting up a Thrift Savings Plan accounts and promoting taking the Saver’s Pledge.
 The Financial Readiness Office has partnered with Armed Forces Bank and Mid-Missouri Credit Union and will be giving and taking pledges during Military Saves week at the following locations; today at the Main Exchange lobby; Friday, 10 a.m. to 2 p.m. at the Mini-Mall, and noon to 4 p.m. Saturday at the USO.

Blues

From Page B1

If you need some one on one help, Davidson Fitness Center offers custom designs workout Personal Training programs to improve your physical fitness and well-being. Training sessions last 60 minutes once or twice a week. Cost is \$15 for initial assessment, \$25 per individual session or \$40 for 2 on 1 training.
 Both Davidson Fitness Center and/or Specker Gym offer a variety of aerobic classes monthly at various times at to fit your fitness level and your busy schedule. Classes include, but are not limited to Zumba, step, body blast, yoga and more. Classes are open to authorized patrons and are \$2/class or Aerobic Punch Passes are available, cost \$18 - 10 punch. Class schedule is available online at www.fortleonardwoodmwr.com.
 FMWR knows your Family comes first and that shouldn’t mean your fitness has to come last. Davidson Fitness Center is offering a place for children to can play while you achieve your fitness goals. An “Insight Child Care Area” is available during operational hours. An enclosed play area will entertain your child while you exercise — no attendant is on hand — child must be in the parent/guardian’s line of sight at all times.
 For more information of Davidson Fitness Center facility

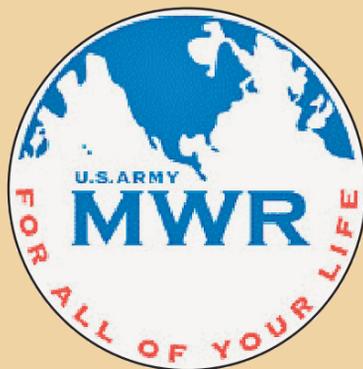
and programs call 596.4359.
Get some sun
 Most people know that sunlight provides us with Vitamin D. But did you know that it also improves your mood? Winter days are shorter and darker than other months, and because of the cold weather, a lot of people spend less and less time outdoors. Lack of sunlight can cause many people to become disheartened as the winter days continue. Family & MWR has a range of outdoor activities to get you outside and in the sunlight.
 Piney Valley Golf Course has opened for full service play; it is an 18 hole, par-72 course that runs through a beautiful valley along the Big Piney River. The course is open to the public and features a driving range, putting green, chipping area, pro shop, snack bar and lessons.
 With more than 60,000 acres available for hunting, including archery, firearms and muzzleloaders, the Outdoor Adventure Center is the hub for outdoor recreation at Fort Leonard Wood. Fishing is available on post in the Big Piney River plus numerous ponds and lakes available on Fort Leonard Wood.
 The Trout Management areas are open year round and all hunting and fishing state and local licenses and permits available at the center. The OAC has a large retail opera-

tion, a 3D archery course, two trap and two skeet ranges that are open daily, as well as two paintball courses. Besides the programs offered through the outdoor Adventure Center, Fort Leonard Wood has multiple walking trails, caves, hiking areas and two parks, Colyer and Happy Hollow with play areas.
Relax
 You’re busy. Work, class, Family, friends, appointments, meetings—even if you enjoy being busy, everyone needs some time alone. Child, Youth and School Services offers Deployment Respite Care, available for children registered with CYS Services whose parent/sponsor is deployed, on TCS, PCS or TDY (90-179 days) orders or a service member of the deployed unit. Sixteen free hours of care are available per month, per child, during the deployment. A copy of the service member’s orders must be provided. The CDC opens twice a month for this service. The normal cost of hourly care is \$4 per hour will apply; payment must be made in advance. This service may be used by other patrons whose children are registered for hourly care. Reservations are required and may be made up to two weeks in advance. Care is available for children 6 weeks - 5th grade. Due to space limitations, paid reservations may

be bumped to make room for deployed service m reservations. If this should occur, advance payments will be refunded. For more information and hours call 596.0197.
Get social support
 Don’t underestimate the power of friends, Family, mentors, co-workers, and neighbors. MWR offers programs to enjoy with friends and Family.
 Join us at the Daugherty Bowling Center for “Fat Tuesday” Mardi Bowl. Buy one game and get one free. Strike on a colored pin and win great prizes! Daugherty Bowling Center is open to the public from 10:30 a.m. to 10 p.m. and is located at Bldg.1609 South Dakota Ave. For more information call 596.1498.
 F MWR will be hosting Spring Break Buffet beginning at 5:30 p.m. March 21 at the Pershing Community Center. Cost is \$5 for children and \$9 for adults; includes dinner and a movie. Pershing Community Center is located in Bldg. 4109 Piney Hills Drive. Open to the public. For more information, call 329.2455.
 F MWR will host March Madness Bunco at 7 p.m. March 21 at the Pershing Community Center. Cost is \$5 per person and is open to the public 18 years of age and older. Prizes will be awarded for the most wins and most losses. Random drawings will also be held between rounds for

prizes. Pershing Community Center is located in Bldg. 4109 Piney Hills Drive. For more information call 596.6913.
Have a creative outlet
 Over the winter months many people experience a build of excess energy that they try to keep in check until spring. Use that energy and channel your creative side to create something spectacular.
 FMWR Arts and Crafts Frame Shop is currently taking registrations for the April 3 Taste of the Arts art show. Original works of art will be accepted in categories from drawing, painting, photography, Mixed Media and more. Art work will be showcased from 6 to 8 p.m. April 3 at the Mini PX Bldg. 490. Cost to register is \$5 per artwork for adults / free for children ages 5 and up. Prizes will be awarded for the top threes artists in each age category.
 Registration for artwork is open to the public through March 26. Register your artwork at the Frame Shop.
 For activities, programs and activates available through your Fort Leonard Wood Family and Morale, Welfare and Recreation check out the MWR web page at www.fortleonardwoodmwr.com or follow us on Face Book at www.facebook.com/mwr.ftwood.
(Editor’s note: O’Donoghue is the FMWR marketing

Fort Leonard Wood Outlook February 27 through March 6



Directory

- Army Community Service - 596.0212
- Child & Youth Services - 596.0200
- Bruce C. Clarke Library - 563.4113
- Daugherty Bowling Center - 596.1498
- Davidson Fitness Center - 596.4359
- House Next Door - 329.4616
- Outdoor Adventure Center - 596.4223
- Pippin Youth Center - 596.0209
- Piney Valley Golf Course - 329.4770

Sunday

Davidson Fitness Center
Aerobics Classes
 2 p.m. - Zumba

Thursday

Davidson Fitness Center
Aerobics Classes
 9 a.m. - Cardio Core
 Noon - HIIT
 4:45 p.m. - RIP
 6 p.m. - Zumba

Specker Gymnasium Classes
 5:45 p.m. - Spin

BlackJack Bar and Grill
 5-7 p.m. - Happy Hour

Army Community Service
 9 a.m. - Unfinished Project Potluck
 9-10 a.m. - Bright Start Playgroup
 10:30-11:30 a.m. - Bright Start Playgroup
 5:30 p.m. - Music for Children with Autism

Daugherty Bowling Center
 7-9 p.m. - Family Bowling X-Treme

Friday

Davidson Fitness Center
Aerobics Classes
 5:30 a.m. - INSANITY
 9 a.m. - S.W.A.T.
 10:30 a.m. - L.I.T.
 11:45 a.m. - Zumba
 5:45 p.m. - Zumba

Specker Gymnasium Classes
 Noon - Spin

BlackJack Bar and Grill
 5-7 p.m. - Happy Hour

Abrams Theater
 6:30 p.m. - Free Family Movie Night

Saturday

Davidson Fitness Center
Aerobics Classes
 8:45 a.m. - ZUMBA
 10 a.m. - R.I.P.P.E.D.
 10:15 a.m. - Aqua Zumba
 Noon - Body Blast

Abrams Theater
 11:30 a.m. - Free Family Movie

Monday

Davidson Fitness Center
Aerobics Classes
 5:30 a.m. - INSANITY
 9 a.m. - S.W.A.T.
 10:30 a.m. - L.I.T.
 Noon - RIP
 4:30 p.m. - Zumba Gold
 5:45 p.m. - Zumba

Specker Gymnasium Classes
 5 p.m. - REV

Army Community Service
 9 a.m. - Family Readiness Group Leader Training
 10 a.m. - Play Morning

Tuesday

Davidson Fitness Center
Aerobics Classes
 6 a.m. - Zumba for PT
 9 a.m. - Body Blast
 Noon - Cardio and Core
 5:45 p.m. - RIP

Specker Gymnasium Classes
 9 a.m. - Spin
 5:45 p.m. - Spin

Army Community Service
 9 a.m. - Coffee and Crafts
 9 a.m. - Army Family Team Building, Level K

Bruce C. Clarke Library
 10:30 a.m. - Toddler Story Time

Daugherty Bowling Center
 10:30 a.m. - Mardi Gras Bowling

Wednesday

Davidson Fitness Center
Aerobics Classes
 5:30 a.m. - INSANITY
 9 a.m. - RIP
 9 a.m. - Aqua Splash
 11:45 a.m. - Zumba
 5:30 p.m. - Zumba
 6 p.m. - Aqua Zumba
 6:30 p.m. - R.I.P.P.E.D.

Specker Gymnasium Classes
 Noon - Spin
 5 p.m. - REV

Army Community Service
 8:30 a.m. - Money and the Move
 9 a.m. - Crafty Wednesday

BlackJack Lounge
 5-7 p.m. - Happy Hour

Outdoor Adventure Center
 6-10 p.m. - Hunter Education Class

Thursday

Davidson Fitness Center
Aerobics Classes
 9 a.m. - Cardio Core
 Noon - HIIT
 4:45 p.m. - RIP
 6 p.m. - Zumba

Specker Gymnasium Classes
 5:45 p.m. - Spin

BlackJack Bar and Grill
 5-7 p.m. - Happy Hour

Army Community Service
 9 a.m. - Crochet Class
 9-10 a.m. - Bright Start Playgroup
 10:30-11:30 a.m. - Bright Start Playgroup
 11:30 a.m. - Couples in Arms
 5:30 p.m. - Music for Children with Autism

Daugherty Bowling Center
 7-9 p.m. - Family Bowling X-Treme

Recruit fights cancer to become Soldier

Story and photos by
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When one Fort Leonard Wood Soldier graduates Advanced Individual Training tomorrow, the occasion will mark a nearly two-year battle to fulfill his desire to become a Soldier.

Severe testicular pain, while going through Basic Combat Training in 2012, was the first indicator of a fight for Pfc. Ozzy Asbell.

"When I went home for Holiday Block Leave in December (2012), I was having a lot of pain in one of my testicles. My wife made me go to the doctor. They said it was cancerous," said Asbell, Company B, 84th Chemical Battalion, 3rd Chemical Brigade.

"It was so painful, but I never thought it would be cancer," added Asbell, a 23-year-old native of Richland, Wash.

Upon reporting back to post after his holiday leave, he was sent to Columbia, Mo., for treatment.

"I was put on a medical board status, and they tried to discharge me. I was fighting that battle when I had another CT scan. That's when they found my cancer for the second time. It had moved to my back," Asbell said.

The second cancer diagnosis was the summer of 2013.

"That's when I started the chemotherapy called BEP," Asbell said.

BEP stands for bleomycin,



TOP: Pfc. Ozzy Asbell, left, Company B, 84th Chemical Battalion, 3rd Chemical Brigade, attends Mass Casualty Decontamination Class along with Pvt. Tyreek Woods. RIGHT: Asbell prepares equipment for a decontamination exercise. Asbell is due to graduate AIT tomorrow after attempting for nearly two years to become a Soldier.

etopside and platinum chemotherapy and is commonly used to treat testicular cancer.

He went home to Washington for six weeks of the BEP, but needed surgery to remove the mass. Asbell spent six months at home, before he was cleared to return to Fort Leonard Wood.

He rejoined training for the third time since 2012 in January. Normally, a Chemical, Biological, Radiological and Nuclear specialist requires 10 weeks of BCT and 10 weeks of AIT.

Now, Asbell just wants to fulfill the duty he committed to more than a year and a half ago.

"It feels great to know I will graduate March 14, 2014. I joined

the Army for a reason. I'm ready to be a Soldier," he said.

Asbell said he has had the support of his company's leadership throughout this trying process.

"A lot of times as a commander, I see a lot of people on the cusp of quitting or giving up. When I took command last year, Asbell was one of the first people I bumped into. His platoon sergeant said he was a really good guy, and it was too bad we probably wouldn't be able to keep him," said Capt. Zebulon Pike, Co. B, 84th Chem. Bn. commander.

When Pike met Asbell he had been in the holdover status for several weeks.

"He never gravitated to-



ward trouble and kept himself squared away. I sat down with Asbell, and there is just something about him. I could see that he is worth keeping. There are too many people who don't have the heart of this guy," Pike said.

"He has overcome so much adversity to be here. Because of his resolve to tough it out, I am encouraged as a leader. It makes me feel good to know the future of the Army is in the hands of Soldiers like Asbell," he said.

Pike said adversity for a civilian trying to become a Soldier could make or break a person.

"Asbell just wants something more out of life. With his military bearing, discipline

and his inner drive, it would be a criminal offense not to keep this guy. It was worth going out on a limb for," Pike said.

Asbell said the Army has paid for all of the treatment he needed to fight his battle against cancer.

"I have seen the bills; they weren't cheap. I am looking forward to walking across the stage at graduation, so I can finally earn my keep. I'm ready to do my job," Asbell said.

The American Cancer Society estimates about 380 men will die of testicular cancer in the United States this year, and about 8,820 new cases of testicular cancer will be diagnosed.

The average age at the time of diagnosis of testicular cancer is about 33. This is largely a disease of young and middle-aged men, but about 6 percent of cases occur in children and teens, and about 7 percent occur in men over the age of 55.

"If you are having pain you need to get it checked out. Keep your head up," Asbell said. "I feel blessed. There is always somebody who has something worse than you do. That's the way I look at it."

Watching as the new Soldier mastered the Army value of personal courage, Pike said he hopes Asbell's story will change the way leaders look at their troops.

"I hope Asbell's story emboldens other leaders to not just sign the paperwork — that is easy. I hope leaders will look at the human dimension and see the heart of the person they are dealing with," Pike said.

Breakfast kicks off post's AER campaign

Story and photos by Dawn Arden
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Fort Leonard Wood's Army Community Service kicked off the 2014 Army Emergency Relief fundraising campaign with a breakfast ceremony Thursday at the Pershing Community Center.

With the donation goal set for \$250,000, the AER campaign will run through May 31.

Last year, AER assisted 617 military members, retirees and survivors in the Fort Leonard Wood area alone, totaling more than \$753,782 in assistance provided.

Col. William Pfeffer, Garrison commander, pointed out that through the efforts of the Fort Leonard Wood AER staff, the number of grants given have increased by 300 percent during the past year.

The guest speaker for the event was retired Army Lt. Gen. Robert Foley, AER director and Medal of Honor recipient, who stressed the importance of starting with the individual commands to get the word out to Soldiers on how the program can benefit them.

"We can't do anything unless Soldiers and Family members come forward and make a request," Foley said.

Foley also emphasized the need for Fort Leonard Wood to get more involved in the Command Referral Program, where company commanders and first sergeants can approve



LEFT: Retired Lt. Gen. Robert Foley, Army Emergency Relief director and Medal of Honor recipient, speaks at Fort Leonard Wood's AER campaign kick-off breakfast Thursday in the Pershing Community Center. RIGHT: Brig. Gen. Anthony Funkhouser, U.S. Army Engineer School commandant, and Col. William Pfeffer, Garrison commander, sign the first AER pledges.

requests up to \$1,500 without having to send the Soldier to AER for assistance.

"The frontlines of the Command Referral Program are at the company and battery level; that's where it has to happen. That's where the emphasis has to take place," Foley said.

Foley also spoke of the feared stigma



attached to making requests through AER.

"The issue here is, command information is going to change this, but you've got to start it now," Foley said. "The Army Emergency Relief fund is Soldiers' money — it doesn't belong to anybody but Soldiers."

Pfeffer summed up the program,

"AER is our formations giving back to our formations. Taking care of the troops that we're responsible for, their Families and retirees."

For more information on Fort Leonard Wood's AER program, contact Chuck Mathews, AER officer, at 596.0212 or stop by Army Community Service in Bldg. 486.

Nonlethal



Air Force Staff Sgt. Malcolm Stephen, a security policeman assigned to the 51st Security Forces Squadron, Osan Air Base, Republic of Korea, practices crowd control with his classmates during nonlethal weapons training on Fort Leonard Wood.

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Some of the classes taught during the two-week course are Interpersonal Communication Skills, Policies Relevant to the Application of Force, Close Range Subject Control, Oleoresin Capsicum Training, TASER Training, Acoustic Hailing Devices, Civil Disturbance Techniques/Formations, Ocular Hail and Warning Devices, Vehicle Arresting Devices and Nonlethal Munitions.

The course is taught by members from all the services and is open to Soldiers, Sailors, Airmen, Marines, Department of Defense civilians and foreign military.

Kirk said any military occupational specialties can take the class as long as they are E-4 and above for Marines, and E-5 and above for the rest of the branches.

About 525 people graduate from the INIWIC each year. Kirk said he and the other instructors teach 12 in-resident courses on Fort Leonard Wood and dispatch two mobile training teams each year.

Miller said the goal is to integrate nonlethal capabilities into a decisive action rotation at the Combat Training Centers, such as the National Training Center. "INIWIC can provide the unit's subject-matter experts to assist in planning the utilization of nonlethal

capabilities. Nonlethal effects must be considered in responding to hybrid threats that units will encounter during CTC rotations," Miller said.

Marine Sgt. Patrick Shanahan, a military police canine handler from Marine Corps Recruit Depot San Diego, recently graduated from the course.

He said he wanted to take the course to make him a more well-rounded MP, and expressed he was glad he made the trip to Missouri.

"I was under the impression that we were only going to be learning OC spray and TASER. We have covered so many nonlethal ammunitions, laser capabilities and acoustic hailing devices. I had no idea about that kind of stuff. It's been an eye-opening course. I am ready to take it back to my command and show them all of the different assets they have," Shanahan said. "The instructors here put a lot of time in. They bring a lot of real world experience to the table."

Miller said the joint services face an uncertain and complex future environment that will increasingly operate among people.

"Nonlethal capabilities will provide units the ability to influence the actions of both the enemy and non-combatants. Nonlethal weapons are particularly useful when the use of lethal force may jeopardize strategic objectives," Miller said.