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Seven Soldiers strike gold as All-Army dominates Armed Forces Boxing Championships

Seven Soldiers won gold medals to lead All-Army boxers to the team title in the 2009 Armed Forces Boxing Championships at Barnes Field House May 1. All-Army won the tournament with 14 points, followed by All-Navy (4), All-Air Force (3) and All-Marine Corps (3). [▶ Article](#)

West Point cadets create bionic foot for Soldier injured in Iraq

Sgt. 1st Class Patrick King is experimenting with a bionic foot created by Cadets Ian Jones, Sarah Goss, Joe Marshall and Jonathan Kralick as a capstone project in the academy's Civil and Mechanical Engineering Department. King lost his foot in Iraq to an explosively formed projectile, a weapon that can go through armored trucks. "We as Soldiers would rather have the improvised explosive devices hit than an EFP," King said. "Those are really dangerous." The cadets are designing, building and testing a below-the-knee active prosthesis to replicate the foot-ankle movement of a natural foot. [▶ Article](#)



Fort Stewart wins \$1 million, Communities of Excellence Award

Fort Stewart and Hunter Army Airfield, Ga., were presented their fourth gold Army Communities of Excellence Award along with a grand prize check for \$1 million at a Pentagon ceremony May 5 hosted by Army Vice Chief of Staff Gen. Peter W. Chiarelli and Assistant Chief of Staff for Installation Management Lt. Gen. Robert Wilson. The ACOE Awards honor the top Army, National Guard and Reserve installations that have achieved levels of excellence in building a high-quality environment, outstanding facilities and superior services. During a year-long pro-



cess, applicants are evaluated against Army priorities and the Malcolm Baldrige national quality criteria. Winning commands receive cash awards to go toward more facilities and services as well as trophies and a commemorative flag.

In remarks to the packed Pentagon auditorium, Chiarelli praised Soldiers and Army families for the resiliency they've shown over the last several years of conflict and applauded commanders for creating "welcoming, supportive communities that encourage and nurture closeness." [▶ Article](#)

Year of the NCO



For the love of the Army

Sgt. Timothy Russell, 10th Trans. Co., 260th QM, instructs Spc. John Williams and Spc. Gavin Ivy, 24th Ordnance Co., 87th CSSB, 3rd Sustainment Bde., on how to perform preventative, maintenance checks and services on their vehicle during driver training class held on Hunter Army Airfield.

▶ [Article](#)



Enlisted corps leader visits Fort Campbell

101st Sustainment Brigade troops perform a marching routine during an induction ceremony of 39 of their fellow Soldiers into the Noncommissioned Officer Corps. The ceremony at Wilson Theater was attended by Sergeant Major of the Army Kenneth O. Preston.

▶ [Article](#)



CSM utilizes Iraq experiences in training NCOs

▶ [Article](#)



Best Ranger competition kicks off; 4 Soldiers compete while on mid-tour leave from Iraq

▶ [Article](#)

Fort Stewart spouses test their Soldier skills, earn spurs

More than 20 spouses and one mother of a Soldier assigned to the 6th Squadron, 8th Cavalry Regiment, 4th Infantry Brigade Combat Team took part in the squadron's first Spouse Spur Ride at Fort Stewart, April 30. The Spouse Spur Ride is a variation of the Cavalry Spur Ride, which is designed to test Soldiers' physical and mental endurance in a series of tasks. Additionally, the event allows spouses to bond with one another and gives them an opportunity to experience a day in the life of their Soldier.

▶ [Article](#)



Army's suicide prevention efforts continue at Fort Lewis

"Beyond the Front," the first of three phases for the Armywide stand-down for suicide-prevention training was completed March 15. The second phase, "Shoulder to Shoulder no Soldier Stands Alone," the chain-teaching program, is ongoing and will end on July 15. The stand-down included training for peer-level recognition of warning signs that might lead to suicidal behavior, and intervention at the buddy level. The chain-teaching program focuses on suicide prevention, and includes a video, "Shoulder to Shoulder." This is an instructor-led video shown in small groups, where discussion between attendees is highly encouraged. A new video targeting civilians has been developed and training will be initiated soon.

▶ [Article](#)

Yongsan to commemorate Asian Pacific American Heritage Month

"I have the best of the both worlds," answers Cpt. Chun Y. H., commander of Headquarters and Headquarters Company, Yongsan, when asked about his heritage as a Korean American. Born in Seoul in 1980, he immigrated to the United States seven years later with his Family. Finding great appeal in the military, he acquired his citizenship in 1999 and entered the U.S. military academy West Point. He served more than two years in Germany, which was his first assignment, and was reassigned to his native country of Korea in 2008.



"My Family emigrated to New Jersey, which I consider to be my second home," Chun said, remembering his old days. "The transition was very tough. I had hard times trying to communicate with my friends. But luckily,

I could pick up the language quickly because of my young age." Growing up, he did not realize the importance of cultural and ethnic backgrounds in society until he went to college. There he became more aware of his heritage as a Korean American and saw the similarities and differences among people, Chun said.

▶ [Article](#)

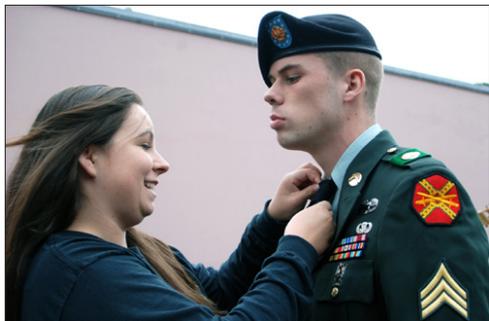


Brussels Soldiers thank Belgian children

The small West Flanders city of Waregem is located some 50 miles west of Brussels. Originally a textile town because of the local flax culture, this small (population: 35,000) and peaceful Belgian city is today better known as the venue for its important annual horse races, including the famous Great Flanders Steeple Chase.

▶ [Article](#)

Brussels Headquarters and Headquarters Detachment 1st Sgt. David Giddens takes a youngster from Waregem, Belgium, through a set of pushups during his visit to the school in the West Flanders region.



Army wives support appreciative husbands [▶ Article](#)

Aberdeen Proving Ground NCO, Soldier of the Year announced [▶ Article](#)



U.S. Army Africa NCO mentors and motivates

Under a scorching midday sun at Edward Binyah Kesselly barracks' AK-47 rifle range, Sgt. 1st Class Eddie King, a U.S. Army Africa mentor, discusses the fundamentals of marksmanship with privates from the Armed Forces of Liberia.

[▶ Article](#)

NCO commended for flexibility, versatility [▶ Article](#)

Best Warrior Competition [▶ Article](#)



Mentoring in Liberia leads to respect for female NCOs [▶ Article](#)

Spotlight NCO: Staff Sgt. Anthony Ocampo



Age: 46
Current Unit: 351st Civil Affairs Command
Current Location: Mountain View, California
Hometown: Fairfield, California
Years of Service: 16 years
Number of Deployments: two

Staff Sgt. Anthony Ocampo has always valued his family's heritage and legacy. So when he graduated from California State University Sacramento nearly 25 years ago, he decided to follow in his father's footsteps and join the military. [▶ Article](#)

Fitness campaign whips Yongsan into shape

There's a phrase that says "What gets weighed, gets measured." Yongsan's new face of fitness, Tracey L. Briggs, gave free body composition screenings at the Main Post Exchange May 1 for just that reason. May is National Physical Fitness and Sports Month. In support, Briggs set out to recruit pledges for her campaign coined "Move it More in May." "Once you know your foundation body composition numbers, you can then strive to change them," Briggs said. "Most people don't know them, which is a mechanism that allows people to deny that they need to do anything."

[▶ Article](#)



Wiesbaden hosts Army combatives contest, UFC fighters

Soldiers were at each other's throats for the chance of being crowned champions by Ultimate Fighting Championship fighters April 28. Soldiers representing various units in the Wiesbaden



community competed all day in a double elimination Modern Army Combatives Tournament in Wiesbaden Fitness Center hosted by the 2nd Military Intelligence

Battalion. "It's training disguised as friendly competition," said U.S. Army Garrison Wiesbaden Command Sgt. Maj. Hector Prince. The mixed martial arts competition, an Army training program that has four levels of competency, was introduced in Fort Benning, Ga., as a counter approach to traditional training offering Soldiers combat fighting techniques. [▶ Article](#)

Alliance Players bring home top honors from theatre competition

The Alliance Players' performance of *The Foreigner* won three "Topper" awards and 13 nominations at April's European Tournament of Plays, sponsored by Installation Management Command-Europe. Military and international community theaters in Germany, Italy, Belgium, the Netherlands and Turkey competed in the annual tournament. Maj. Jeff Yeatman of Geilenkirchen NATO Airbase won Best Comedy Actor for his portrayal of Charlie Baker in *The Foreigner*. Dylan Carrico, AFNORTH International School, took the title as Best Supporting Actor for his role as Ellard Simms and Dani Martin, Geilenkirchen NATO Airbase, won Best Technical Director. The Alliance Players' version of *The Foreigner* was also nominated for Best Comedy, and Charlene Gibson received a nomination as Best Director. Two cast members received additional performance nominations for Best Military Performer and Best Actress. [▶ Article](#)



Students team with Army for unique research opportunity

After four long days of testing highs and lows, a Texas Tech University team of students, research associates and professors met their objective of demonstrating high-power microwave generation with an explosive-driven compact system outside the laboratory. The success was a result of the combined efforts of Texas Tech University, the U.S. Army Space and Missile Defense Command/Army Forces Strategic Command supported by the Aviation and Missile Research, Development, and Engineering Center at Redstone Arsenal Test Area 10 engineers and staff.

[▶ Article](#)



Force Protection

Fort Buchanan assigns military working dogs [▶ Article](#)

Thought of the Week:

Information and operations security
Don't give away a piece of the puzzle

Safety



What to do when depression strikes
[▶ Article](#)

'Save a Life Tour' aims to prevent drinking, driving [▶ Article](#)

Seat-belt usage required at Fort McCoy [▶ Article](#)

Transformation Quiz

The transformed IMCOM regions will be made up of several region installation support teams (RISTs). RISTs will provide ongoing support to a select group of installations, which will enable the garrison-RIST collaboration to anticipate many potential issues before they become issues. This approach to supporting the garrisons is based on a business model called:

- a. Key Account Manager (KAM)
- b. Total Quality Management (TQM)
- c. Lean Six Sigma (LSS)
- d. Scientology

Answers will appear weekly on the IMCOM transformation Web page [here](#).

Installation Paper *of the Week*

 **The Frontline Online**
News from Fort Stewart/HAAF

Fort Stewart and
Hunter Army Airfield, Ga.

[Current online issue](#)



Mannheim hosts community baby shower

New Parent Support Program from Army Community Service Family Advocacy shows expectant moms how to care for their babies at the Mannheim Community Baby Shower hosted by the Mannheim Army Health Clinic April 30 at the Sports Arena in Mannheim, Germany. [▶ Slideshow](#)

Tobyhanna Army Depot hosts inaugural CPI workshop

Lean practitioners from across the Department of Defense came together to share, learn and educate each other during a Continuous Process Improvement workshop, held at Tobyhanna Army Depot, April 22-23. "This is the first of what I believe will be many types of these events," J. D. Sicilia, director of the Department of Defense's Lean Six Sigma program office, noted during his welcome speech. The workshop, which was a chance for networking and best practice sharing, included participants from the Department of Defense industrial base, the Defense Logistics Agency and Army Materiel Command. [▶ Article](#)

Army secretary focuses on Fort Carson issues

Secretary of the Army Pete Geren concluded his May 5 visit to Fort Carson thanking Mountain Post Soldiers and Families for their sacrifices as the U.S. continues fighting the longest war in the nation's history with an all-volunteer



force. "More than anything else, I wanted to come out to Fort Carson and meet with these Soldiers, meet with these Families, and thank them for their extraordinary service during this most challenging period in our nation's history," Geren said

Fort Carson senior leadership, noncommissioned officers, Soldiers' spouses and Families of fallen heroes; lunch with Soldiers assigned to the Warrior Transition Unit and officiating a re-enlistment ceremony for five NCOs. [▶ Article](#)

during a press conference with local media. The secretary said Fort Carson is home to "great Soldiers (and) great Army Families carrying a very heavy burden for our nation." The secretary's visit included meetings with

Recording artist Leigh Jones puts pep in step of Warrior Transition Unit Soldiers

Sgt. 1st Class Walter Henry III said recording artist Leigh Jones put a little pep in the step of his Warrior Transition Unit May 6 at the Fort Belvoir Community Center. "Actually, people were complaining because they didn't want to go, so we told them that they had to show up," said Henry, a WTU platoon sergeant whose troops were treated to a mini-concert and meet and greet with the sultry R&B/jazz singer/songwriter from Los Angeles. "But when she finished singing, everybody rushed the table to get their photos and autographs and stuff. I was looking at them and saying, 'Oh, you guys didn't want to come, but now I can't make you leave.' They were calling their friends and saying 'you guys need to get down here.' It really boosted their morale a lot. They go back to the unit with a little pep in their step." [▶ Article](#)

